

# Spring Newsletter

CMST: Warming Up For Another Busy Term



## A Message from CMST's Head of Service

Engagement in extra-curricular activities will enhance the outcomes of overall academic development

I would like to start this message by thanking all concerned with CMST. Our Trustees are keeping a keen eye on governance and working to address many factors including how we implement the GDPR regulations that will come into effect in late May.

Our Team Managers who inspire their teams to drive forward and continue to develop our Service as a whole.

Our Teachers, Therapists and Early Years Team who work tirelessly day in, day out inspiring our next generation of musicians or providing life changing clinical support.

Robin Bates after many years of service to Music Therapy has stepped down from his Lead role and I am truly grateful for all that he has done for this crucial area of delivery. Liz Eddy will now take on the



In memory of  
David Frost



David Fryer  
Chair of Trustees for  
Cornwall Music  
Service Trust.



Gareth Churcher  
Head of Service for  
Cornwall Music  
Service Trust.

Professional Lead Role and I am sure will do great things in developing Music Therapy for Cornwall and beyond.

In this newsletter we have picked out just a few of the very many news stories that show the amazing work being undertaken by CMST but for more, please visit our website: <https://www.cornwallmusicstrust.org/news/>

There are many performances coming up in the next term but two to highlight are:

- CMST at The Minack - 28th of April - 7:30pm
- Magical Music In May (Polgwynne Gardens, Feock) - 20th of May - 2pm until 6pm

Both these events will showcase the amazing talents of pupils and teachers so please come along to these open air events while the sun is shining!!!

I have had the privilege of being involved with music education for the past 15 years and in that short amount of time have seen very many changes to the sector. Ultimately the emphasis of the importance of music education within schools can be driven by change of Government, Headteachers, Senior Leadership Teams and various structural models that are being imposed by budget constraints. These changes can mean huge challenges for the music departments, co-ordinators, teachers and peripatetic teachers that are involved with music education within the settings. However, in the majority of cases, the resolve of these practitioners has not wavered as they are all aware of the power that music has to develop our young musicians educationally, socially and has the power to enhance their physical and mental well being.

The music community has been saddened by the loss of David Frost who was a massive inspiration to so many. You will read a fine tribute to him in the following newsletter and I am aware that a celebration event will be held in the future to mark his huge contribution to music.

Janet Elston, after 29 years of service, has passed on the baton of Cornwall Youth Wind Orchestra to our very own Sara Munns (Brass Team Manager for CMST). There will be more to follow on this matter in our next newsletter including a write up regarding the final concert given at Truro Cathedral, that has just recently taken place.

So why these two announcements after the initial preamble? Simple. Commitment, Dedication and Progression.

The challenges and pressures that are faced by our young musicians at all levels through school exams is immense. I am not here to debate whether this is right or wrong but more to emphasise that the opportunity of an extra-curricular activity and more particularly a musical one could be the first thing to be dropped to fit hefty revision timetables. Time management is a big factor in our modern day lives and on one hand the argument could be given that it is right to drop something for an hour a week to make way for more revision, but I propose the opposite.

As educators we are not here just to develop a persons musical skills but to offer lessons in to the skills of life in general. As we progress through our educational careers into the workplace we will all face huge time pressures, but how we work with this and educate our next generation of how to deal with this is vitally important. So I encourage our staff to proactively encourage their students to continue to engage with the extra-curricular musical activities along with committing to their musical and academic studies.

The research is there (Hallam, Susan. The Power Of Music 2015) to show that the benefits of musical engagement enhances the cognitive development, social skills, mental and physical wellbeing of a person. We would not be doing our jobs as educators if we did not keep our resolve and keep music alive at every stage of a young persons development.

This commitment and determination has been demonstrated by David Frost and Janet Elston who have gone on to inspire a huge raft of musicians. Those that have made it into professional musicians and those that will have a life long love for music. It is very fitting then that Sara Munns, pupil of David Frost has demonstrated a route of progression, that is on offer to all, by taking the helm of Cornwall Youth Wind Orchestra.

The integration of academic music making to the wider community is another area for discussion and an in depth one, not for now. In brief we face many societal problems and although I completely understand music is not the answer to it all, I do believe that trans generational music making that is interwoven into local communities could go along way to addressing many issues. However if we lose the embryonic stages of this at school level we could see the demise of more and more community music making when in actual fact we should be planning and working towards the opposite.



The 2018 **Cornwall Music Festival** took place recently at Truro Methodist Church and proved a great success. A high standard of music-making was enjoyed throughout the week and many young musicians performed in classes for singers, instrumentalists and various ensembles.

Two CMST electronic-keyboard players took part this year. Amy Fairbairn and Vincent Hosken are both Year 5 pupils at Devoran School. Their class required the performance of a solo piece set for ABRSM Music Medals. Each student chose a song arrangement by Andrew Eales: Amy performed "Michael, Row the Boat Ashore" and Vincent played the traditional song "London Bridge."

The adjudicator, Richard Haslam, complimented both children on the preparation of their keyboard settings and on the accuracy of their playing. They were each awarded a "Commended" certificate and were jointly awarded the Maurice Sellick Trophy.

Well done to both players!

## A TRIBUTE TO DAVID FROST ON BEHALF OF THE CMST BRASS TEAM.

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Countless people across Cornwall and the South West, have had the joy of time with David Frost in so many of his flawless capacities. He has been our teacher, director, conductor, accompanist, arranger, composer, friend, and colleague for over forty years. His legacy exists in youth band rooms through his beginner band compositions such as the wonderful "Brass Rock", and "Beginner Brass Blues". David's knowledge of learning a brass instrument from scratch and being able to incorporate those who can play only two or three notes into a band are demonstrated in a large catalogue of pieces with "easy-filler" parts. The message through this music is clear - come and play!

David's compositional output grew and grew as his ability to play the Trumpet sadly declined through his ill health. Much of the First Access teaching delivered today was designed and written by David. He was responsible for the gem that is the Mouthpiece Rap! For those who don't know, this piece involves placing the mouthpiece on your nose and wiggling it to your mouth so it's in the right position to buzz though - genius! At the other end of his compositional spectrum is the "Mermaid of Zennor", a 40 minute Ballet written for Duchy Ballet and the Cornwall Sinfonia in 2010. "Fanfare for a New Beginning" opened the first ever CMST celebration concert. The audience were not expecting Cornwall Youth Brass Ensemble (with James Robinson, Ross Hamilton et al on percussion) to start the concert from the back of Truro Cathedral. This fanfare by David had the most powerful opening that most of the audience physically jumped out of their seats!

David lead the brass team for many years, staying involved when CMST came to life with a role as a Trustee. He was passionate about music education and worked tirelessly to produce resources for staff and students. He had an incredible flair for the use of mnemonics in understanding how a particular rhythm went. He would fit words on the spot to match the tricky parts. One of my favourites was "hippopotamus" where one beat divides into 5. (See it really works!)

It was as a conductor that many people had a connection with David. A consummate professional, he always knew his scores, he knew how to rehearse to get the best from the music, and he had you the performer and you the audience in the palm of his hand. It didn't matter how difficult the music was, David never missed a beat. His reputation for clear and brilliant direction was widely acknowledged. In his 25 years as director of the Cornwall Youth Orchestra, it was never about him, it was always about the young people. This was never more clearly demonstrated than in his final concert with them in Carn Brea Leisure Centre. For his final piece, he drew the orchestra close, they all shuffled their chairs towards him and he took them through the music. As the final note faded, the lights went out. Darkness. The audience applauded, the lights came back on. David had gone from the stage. He didn't return. The baton had been handed on.

David's legacy will live on for a long time. As musicians we remain grateful for having shared time with David. Thoughts now go to his family as they learn to deal with the loss of their David.



## GLOBAL ARTS CONCERT.

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Wednesday 21st March was a special evening in the North of the County when 165 children from 6 Primary Schools and Secondary Schools gathered at Budehaven School for a Global Arts concert.

Music from 15 countries across the world was performed that evening to a 300 strong audience and fellow musicians. The music was diverse and colourful and included Gamelan, Indian, African, American music as well as Eastern European and of course, Cornish.



The ensembles involved were; Budehaven's steelpan group-Steel Haven, Budehaven Voices, Year 10 music group, Year 7 African drumming group, Year 10 GCSE Gamelan, Bude Junior Choir, Bude Junior First Access violins, Marhamchurch Next Steps and Triggshire Wind Orchestra.

Refreshments were provided by 'Friends of Budehaven' and the whole evening had a real sense of celebration and a joy of making and performing music together.

Students of Sarah Hanley had great success at the **Cornwall Music Festival**. Gweni Orchard and Paul Couch won the Grade 5+ Duet Class with a fine score of 89

Romano Bezzi Coddetta, clarinet from Humphry Davy won the Grade 7 woodwind solo, scoring 90 and performed in the Gala concert; Sunny Donaldson won the Grade 3/4 Saxophone class with 90 marks. The Truro High School Flute ensemble won the ensemble class with 90 marks.

**Flautistas!** West Cornwall's only flute choir, took part in the the CMST Cornwall Flute Festival. on Saturday March 24 at Truro School Chapel.They are looking forward to taking part in the Minack Theatre concert on April 28

Sarah is giving a **lunch time flute recital** in Truro Cathedral on May 15.

## EARLY YEARS

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Now that the early years sector has become a permanent feature of CMST we will keep everyone updated by a regular piece in our Termly Newsletter.

In this issue there is good news a-plenty!.....

o Our first research project with Piccolo Early Years (EYs) Group at Bugle Primary School showed that musical engagement by young children does improve their ability to communicate, and that in-class training of setting staff enables sustainability of project effect.

o Two CPD sessions linked to Piccolo project attracted over 50 teachers/practitioners/child-minders with glowing written feedback.

o Enthusiastic response by new project settings at and Truro Nursery. 20 weekly sessions each are currently being delivered, followed again by CPDs

o Splendid work by our two EYs Music Education Practitioners, Ann Stott, and Emily Garrod, well supported by Project Manager, Sian Pilley.

o Staff increases in the pipeline - expressions of interest sought for training as music practitioners. Areas of particular need - West, and South East Cornwall.

o New post of Lead - Early Years Music Education; Start date September 2018.

Further details from

[gchurcher@cornwallmusicservicetrust.org](mailto:gchurcher@cornwallmusicservicetrust.org)

James Sargent - Trustee, CMST



On Tuesday 27th March, Saxotonic had an open rehearsal at the AMATA centre, Falmouth University. Local pupils were also invited along to perform alongside the established sax ensemble, which some used as a practise for their exams.

The concert was a great success! Please see details on the poster below if you know of anyone who would like to join the ensemble.



The saxophone ensemble is a group for 18 year olds upwards. We are a friendly and welcoming grouping, playing a variety of music, written and improvised and are roughly grade 5 level upwards.

If you are interested in joining or just fancy coming along to meet us, please email [Emily Garrod-egarrod@cornwallmusic servicetrust.org](mailto:Emily.Garrodd@cornwallmusic servicetrust.org)

CORNWALL MUSIC SERVICE TRUST

## SAXOTONIC!

**WHEN?**

**Rehearsals on  
Tuesday evenings,  
7pm-8pm.**

**WHERE?**

**Falmouth University Academy of Music  
and Theatre Arts, Penryn Campus,  
Penryn, TR10 9LX**

[egarrodd@cornwallmusic servicetrust.org](mailto:egarrodd@cornwallmusic servicetrust.org)



CORNWALL MUSIC SERVICE TRUST

CMST's Cornwall Youth Chamber Choir is excited to be working with Truro Cathedral Choir and the BBC Concert Orchestra to perform a brand new work by Dobrinka Tabakova on Friday 11th May at the Cathedral. This work will also feature the celebrated cellist and former young musician of the year Natalie Klein. We will be taking part in a CD recording of this work following the performance.



## CORNWALL FLUTE FESTIVAL

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Over 50 flute players of all ages and abilities took part in the 3rd Cornwall Flute Festival on 24 and 25 March 2018. This event encompassed a whole weekend of inspiration, enjoyment and flute fun. Guests for the weekend were UK leading flautist and composer Ian Clarke and renowned accompanist Tim Carey.



Activities included workshops, warm up activities, rehearsals with piano, flute choirs, masterclasses, foyer performances, junior flute workshops, chamber music.

Kate Whetter, CMST event organiser, said "Ian Clarke has really inspired our local flautists, in particular with regard to some of the new exciting techniques seen in contemporary repertoire - it was wonderful to have such a high calibre flautist here in Cornwall teaching and performing". She continued "one of the most exciting parts of the weekend was when a scratch massed flute choir was formed to perform Ian's 'Walk Like This'".



The Saturday evening recital by Ian and Tim was a highlight of the weekend. Their programme included a first performance of Ian's new work 'White Staircase' as well as by Faure, Hindemith and Debussy.

The event was supported by Truro School, Just Flutes, Wonderful Winds, Jessica Rance Instrument repairs and Cornwall Music Education Hub.

**"I popped in to one of the sessions given by superb Ian Clarke at this year's Flute Festival. It was part Masterclass, and part Workshop - an exploration of the amazing number of different expressive tone qualities that can be drawn from this wonderful instrument by relating them to sung vowel sounds" - James Sargent**

The **String Team Barn Dance** in Lostwithiel at the end of the Spring Term was great fun with fabulous musical performances for dancing to from Caradon Strings, St Austell Chamber Orchestra, Triggshire Strings and Fal River Strings. The evening raised £235 for Little Harbour Childrens Hospice. Thank you to everyone who made the evening a great success!





## GIVE AS YOU LIVE

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At a Funding Group meeting last term, I was asked by Gareth to introduce GIVE AS YOU LIVE (GAYL) as a joint CMST enterprise, giving us all - each one - a real opportunity to do our bit to raise much needed funds for CMST. You may have noticed that it featured in the last Newsletter?

I can say that Gareth now has an ASDA Gift Card that automatically sent £2 flying into CMST's coffers. I have 3 Gift Cards, that have raised - including top-ups - Tesco (£6), Marks & Spencer (£9) and Waitrose (£4).

Total £19 over 6 months just doing my normal shopping.

All it needs is a little time and trouble to create a GAYL account, choose CMST as your charity, buy a card, and remember to use it when you do your weekly in-store shop!

Alternatively, if you shop on line, there is a direct link from the app/website for you to do your shopping.

There is absolutely no extra financial cost to you!

At the time of writing, the number of signed up CMST supporters is 19 - raising - so far - £109.55.....CONGRATULATIONS! A BIG THANK-YOU

TO THEM ALL! Keep Gift-Carding.....

Start a good habit today for the benefit of CMST - the charity we all love!

Cheers,

James Sargent - Chair, CMST Funding Group

CYJO are playing at Tregony Village Hall on Saturday 12th May at 7.30pm. Tickets available on the door and bar/refreshments on sale.

The programme will include big band classics, contemporary jazz arrangements, a small jazz ensemble and our very own vocalist, Minnie Harrop.

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St. Austell Chamber Orchestra,



Caradon Strings



and Truro string players are combining to form the Mid Cornwall String Ensemble for the "Cream of Cornwall" Charity Concert in HfC on May 4th.

## PUPIL OF THE YEAR

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Congratulations go to Cerys Osborne who has been awarded the CMST Pupil of The Year, 2017.

An independent adjudicator has had the difficult task of reviewing all of the 2017 Pupil of the Month winners and deciding on who the award should go to. The decision took some time to make but the adjudicator was so impressed with the rate of progression and commitment that Cerys had demonstrated, that they felt the inaugural CMST Pupil of the Year Award was well deserved by her.



Her teacher Anna Minear said "As Cerys' teacher I am of course delighted that Cerys was selected from the monthly winners of 2017. Cerys is a hard working pupil who after just 2 years is already working towards her grade 5, and is also a committed member of Triggshire Wind Orchestra. This award will certainly give her further encouragement to keep up the work she puts in both at home and in her lesson time, and I'm sure it won't be too long before Cerys is a member of one of the fantastic County Youth ensembles. "

We took the time to ask Cerys how she felt about receiving this prestigious award and here is what she had to say: "I am astonished to receive the award and didn't expect to be winning overall at all. I feel extremely proud of myself. A huge thanks to my teacher, Anna Minear, for all her hard work and encouragement since I started just 2 years ago this very week. "

Gareth Churcher, Head of Service for CMST, added "CMST Pupil of the Month has been a great initiative to observe and see develop. To get to the point where we are giving the first Pupil of The Year Award is amazing and shows the engagement of all in this really rewarding platform. My personal congratulations go to Cerys and Anna, an excellent achievement!"

A special bequest has been made from the family of Carole Chamberlain to Mabe Ladies Choir who have decided to use the money to have a trophy made for the CMST Pupil of Year Award. A special presentation will be made to Cerys as part of a Mabe Ladies Concert and we wholeheartedly thank the family of Carole and Mabe Ladies for this very thoughtful gesture.

Well done Cerys for this amazing achievement and congratulations on being the first ever Cornwall Music Service Trust Pupil of the Year!

## 2018 CORNWALL HORN FESTIVAL

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This took place in February and was widely hailed as a success by all who attended. The main aim was to bring together the French Horn playing community in Cornwall but we also attracted horn players from Devon too. Aged from 6 years to mature adult, some players could only manage a few different pitches but the music was arranged so that they could take part in the ensembles along with the more advanced players. For some of the youngsters this was the first time that they had seen another horn player (except their teacher) so to play in a large ensemble of 16 + players was very exciting indeed.

Our 'special guest' for the weekend was Stephen James, Principal Horn of the Stavanger Symphony Orchestra, Norway. Stephen led masterclasses for some of the most able young players and also coached the horn section of one of our local amateur orchestras. Stephen James and Jacqueline Kershaw gave a lunchtime recital together ably accompanied by Paul Comeau. They performed several solo pieces and then joined together to play duets. All of the delegates also had chance to take part in performances, from trios through to the large ensembles.

Jacqueline Kershaw would like to thank Stephen, Paul, all of the delegates and audience members who came along to watch the performances. A special 'thank you' also goes to William Box who supported Jacqueline with the whole project and to Truro School, Cornwall Education Hub and Cornwall Music Service Trust.





The **Cornwall Youth Brass Ensemble** have been invited to perform at the L'Orient Interceltique Festival in Brittany in August. This massive festival attracts over 800,000 visitors. Naturally the brass ensemble are hugely excited to be given this opportunity and to play alongside groups from all Celtic backgrounds. Please support this group by coming along on May 12th at Midday in King Charles Church, Falmouth where they will be performing as part of the summer series.



Don't miss out on our spectacular Spring concert at the renowned Minack Theatre.

You can order tickets from their website.

[https://www.minack.com/event/cornwall-music-services-trust-april-28/?instance\\_id=8970](https://www.minack.com/event/cornwall-music-services-trust-april-28/?instance_id=8970)